

# Visiting Homemaker HOME HEALTH AIDE SERVICE



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FOR IMMEDIATE RELEASE

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## **“CHEER” VOLUNTEERS RECOGNIZED FOR THEIR SERVICE TO THE ELDERLY**

Visiting Homemaker Home Health Aide Service of Bergen County’s CHEER Program volunteers were recognized for their valuable service to Bergen County’s frail older adults at a celebration hosted by the Volunteer Center of Bergen County on April 13, 2010.

CHEER volunteers bring a lifeline of support to frail older people who are struggling to remain living at home independently. Each CHEER volunteer visits a shut- in once a week to help with the things that have become too difficult for the older person to do on his/her own. Volunteers do food shopping, or pick up medications and run essential errands.

For many older people who cannot leave their homes, days may pass with no visits or outside contacts. Their isolation can be profound. Having a weekly CHEER visit is something to anticipate with joy for days in advance. At each visit, the volunteer brings a smiling face, a link to the outside world, and the assurance that someone cares.

CHEER has been serving the older adults of Bergen County for over thirty years. It has transformed people’s lives, making it possible for them to remain at home despite their frailties. The program is funded by a grant from the Bergen County Department of Human Services and community donors. Its services currently reach 85 frail seniors throughout Bergen County.

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**Providing Quality Home Care Since 1954 As A Non-Profit Agency**

CHEER is one of the many programs offered by Visiting Homemaker Home Health Aide Service of Bergen County, a non- profit community based agency. For more than half a century, since 1954, the agency has been providing high quality, individualized services including certified home health aides, shopping, errand and housekeeping services, special occasion care, and more. The services enable frail elderly and sick or disabled people of all ages to receive the care they need in the comfort and dignity of home.

For further information about the CHEER Program or the other services offered by Visiting Homemaker Home Health Aide Service or to volunteer, contact Michele Ogden, CHEER Program Director, 201-488-0041, ext. 15, [ogden@vhsbc.com](mailto:ogden@vhsbc.com) or Gail Ryan, Executive Director, 201-488-0041, ext. 23, [ryan@vhsbc.com](mailto:ryan@vhsbc.com).

Photo is attached as separate JPG

**Caption**

Pictured above (from left to right) are employees and volunteers from Visiting Homemaker Home Health Aide Service of Bergen County: Gail Ryan, Executive Director of Visiting Homemaker Home Health Aide Service of Bergen County; Michele Grady, volunteer from North Arlington; Nauman Ahmad, volunteer from Paramus; Michele Ogden, CHEER Program Director; Virginia Clark, volunteer from Glen Rock; Marita Drivanos, volunteer from Hawthorne; and Katie Wertz, volunteer from Englewood.

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