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FOR IMMEDIATE RELEASE

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Visiting Homemaker Service Wants You To Know Your Blood Pressure Numbers

VHS will be checking blood pressure readings for residents of Bergen County on July 8 and on July 23, 2014. A Registered Nurse from VHS will be available in the Outreach Room of the Westwood House at 100 Madison Avenue in Westwood. This service is offered for no fee. Reservations are not necessary. Screening and counseling will take place from 10:00 am to 12:00 pm. For 60 years, VHS of Bergen County has been the premier home care service non-profit firm in the county. VHS has provided in-home assistance helping thousands of people live with dignity and independence in the security and comfort of their familiar home environments. Our services give families peace of mind knowing their loved ones are safely cared for by compassionate, skilled and mature certified home health aides and companions. For more information call 201-488-0041 or visit www.vhsbc.com.

With VHS you are “at home but not alone.”