

# Visiting Homemaker HOME HEALTH AIDE SERVICE



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## VISITING HOMEMAKER HOME HEALTH AIDE SERVICE OF BERGEN COUNTY'S CHEER PROGRAM HELPS SHUT INS CELEBRATE THANKSGIVING

Thanksgiving can be a lonely time for people who have no family in the area. It is particularly challenging if you are a frail older person who cannot do grocery shopping or your household chores. Visiting Homemaker Home Health Aide Service of Bergen County's CHEER Program makes it possible for elderly shut-ins throughout Bergen County to enjoy the holiday.

The agency's CHEER aides do people's grocery shopping, making sure that each of their clients has essential food and special holiday treats. The CHEER aides' visits bring warmth, companionship and the reassurance that someone cares especially during this holiday season.

For over 30 years the CHEER Program has helped isolated, frail elderly people to remain living in the comfort and dignity of their homes. The program is funded by the Bergen County Department of Human Services and corporate and individual donors.

CHEER provides weekly visits by trained aides and volunteers who help with tasks that are too difficult for their elderly clients. Most commonly CHEER workers do grocery shopping, run errands, do the laundry, and change bed linens. Their services make it possible for clients to be safe and comfortable in their homes. CHEER workers also perform another valuable service for people who are isolated. They serve as spotters who identify problems and get help before crises develop.

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**Providing Quality Home Care Since 1954 As A Non-Profit Agency**

CHEER is the flagship program of Visiting Homemaker Home Health Aide Service of Bergen County. Since 1954, the agency has been serving the frail elderly and sick or disabled members of the community and enabling them to retain their independence. Visiting Homemaker is a non-profit agency that provides home care services to people of all ages who need assistance in order to remain living at home. It provides high quality, individualized services including certified home health aides, companions, grocery shopping, errand and light housekeeping services, special occasion care, and other customized and supported services to people throughout Bergen County.

For further information about CHEER or the agency's other services or to request assistance contact Gail Ryan, Executive Director, 201-488-0041, ext. 23, [ryan@vhsbc.com](mailto:ryan@vhsbc.com).



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**Caption**

Pictured above is Visiting Homemaker Home Health Aide Service of Bergen County's CHEER worker, Jimena Ochoa, sharing the happiness of Thanksgiving with 91 year-old Louise of Lodi.

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