



# Visiting Homemaker Home Health Aide Service of Bergen County, Inc.

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**FOR IMMEDIATE RELEASE**

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## **Hudson City Savings Charitable Foundation Awards Grant to Visiting Homemaker's CHEER Program for the Elderly**

The Hudson City Savings Charitable Foundation has awarded a \$2,000 grant to CHEER, the flagship program of Visiting Homemaker Home Health Aide Service of Bergen County



CHEER makes it possible for frail older people to live safely at home even if they are limited in their ability to perform routine household tasks and have no family available. CHEER provides them with weekly visits by aides who help with those

essential activities that they cannot do on their own. Typically CHEER aides will do the grocery shopping, run errands, do the laundry, and change the bed linens. Very importantly CHEER aides spot problems and arrange for help before crises develop. CHEER aides bring each of their clients the warmth of knowing that someone cares and the reassurance that someone is there.

“We are so grateful to the Hudson City Savings Charitable Foundation for its generous support,” said Michele Ogden, CHEER Program Director. “Today people are living longer than ever, but they don’t want to forfeit their independence. CHEER helps them fulfill their wishes and remain living independently at home. Hudson City Savings Charitable Foundation is truly sensitive to the needs of our community’s seniors, especially during this time of economic hardship. This grant will help us meet the challenge of serving Bergen County’s proud but vulnerable older adults.”

Since 1954, Visiting Homemaker Home Health Aide Service of Bergen County has been serving the frail elderly and sick or disabled individuals of all ages in need of assistance to remain living at home. The non-profit agency provides high quality, individualized home care including certified health aides, help with hospital or post surgery discharge, help so that a disabled person can attend special family occasions, and other home care services.

Hudson City Savings Bank is among the top twenty-five banks and the largest thrift in the country. Consistently recognized as The Most Efficient Bank in the United States, its success has been acknowledged nationally by such publications as *Forbes*, *The New York Times*, *BusinessWeek*, and *American Banker*. Hudson City, the largest savings bank headquartered in New Jersey, also serves customers throughout the surrounding

metropolitan area with branches located in Fairfield, Westchester, Putnam, and Rockland counties, as well as in Long Island, and the New Jersey suburbs of Philadelphia.

For further information about CHEER or the agency's other services or to request assistance contact Renay, 201-488-0041, ext. 12, [intake@vhsbc.com](mailto:intake@vhsbc.com).

Caption: Pictured are Richard Zaborowski, Hudson City Savings Bank Community Reinvestment Officer and Michele Ogden, Visiting Homemaker Service CHEER Program Director.

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