



**Visiting Homemaker**  
**Home Health Aide Service**  
**of Bergen County, Inc.**

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FOR IMMEDIATE RELEASE

April 7, 2014

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**Visiting Homemaker Home Health Aide Service of Bergen County Develops  
Alzheimer's Care Specialized Home Care Aides**

Visiting Homemaker Home Health Aide Service has trained a group of Specialized Certified Home Health Aides who are experts in providing care to meet the unique needs people with Alzheimer's and related conditions.

Senior agency home health aides successfully completed an intensive training program that is approved by the Home Care Council of New Jersey and was sponsored by Eisai USA Foundation.

"Providing this training to our home health aides will have a significant impact on the home care that will be available to the members of the Bergen County community," says Eleanor Frenkel, Executive Director of VHS. "Our specialized aides are now well equipped to deal with the unique emotional, cognitive, and physical needs of people suffering from Alzheimer's disease and related disorders. Very importantly, they are also keenly attuned to the stresses that family members face and they are trained to help them as well."

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More than one-third of older people receiving personal care and homemaker services have cognitive impairment consistent with dementia. Despite the declines in function that are associated with Alzheimer's disease, most older people prefer to live in their homes as long as possible.

For sixty years, VHS has made this possible. VHS aides provide supervision, help with personal care, offer medication reminders, and ensure that the patient eats nutritious meals. These services keep the patient safe in the familiar surroundings of home and can provide essential time off for family caregivers.

Visiting Homemaker Home Health Aide Service of Bergen County is a non-profit agency that provides high quality, individualized home care including certified health aides, light housekeeping, help with hospital or post surgery discharge, or help so that a disabled person can attend a special family occasion.

For further information about VHS or any of the agency's services contact Renay Stafford, Intake Coordinator, 201-488-0041, ext. 312 or [stafford@vhsbc.com](mailto:stafford@vhsbc.com).

Photo is attached as separate JPEG

Caption

Pictured above Lillian Hickey, RN, BSN, VHS Direct Service Coordinator awarding completion certificates to a few of the VHS Alzheimer's Care Specialists: Grace Pratts, Maria Javier and Alexa Pastuszek

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