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**VISITING HOMEMAKER HOME HEALTH AIDE SERVICE OF BERGEN COUNTY CELEBRATES
OLDER AMERICANS MONTH WITH MAYOR WALTER WARGACKI**

Mayor Walter Wargacki of Wallington recently visited long time Wallington resident, Grace G. to recognize a proud older American and to learn about how Visiting Homemaker Home Health Aide Service (VHS) enables her to preserve her independence.

This year's theme for Older Americans Month is Safe Today, Healthy Tomorrow. Michele Ogden, VHS's CHEER Program Director explained how the CHEER Program services keep seniors safe and healthy. The program provides a weekly visit to help the senior by doing grocery shopping, running errands, and doing laundry.

Ms. Ogden says, "May is a great month to acknowledge the contributions of past and current older persons in our communities. We are proud of Grace's contributions as a retired FBI employee as well as a devoted mother and grandmother. I hope that the entire nation will pay tribute in some way to the older persons in their neighborhoods."

For 60 years, Visiting Homemaker Home Health Aide Service of Bergen County (VHS) has been the premier home care service non-profit firm in the county. VHS has provided in-home assistance helping thousands of people live with dignity and independence in the security and comfort of their familiar home environments. The services give families peace of mind knowing their loved ones are safely cared for by compassionate, skilled and mature certified home health aides and CHEER aides. For more information call 201-488-0041 or visit www.vhsbc.com.

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